

Southwest Orthopedic Group, L.L.P

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Patient Form

Thoracic And/Or Lumbosacral Spine

Name _____ Age _____ Sex _____ Height _____ Weight _____

Date of Evaluation _____ Referred by _____

List all medications you are currently taking (including vitamins, or herbs), or attach a list:

Drug Allergies ____ No ____ Yes (if yes, please list)

Date of injury (if involved in accident): _____ Auto accident? ____ On the job?

Name of Employer (if work related)? _____

Occupational/Physical Requirements? _____

Attorney involved in case? _____

Mechanism of injury:

- 1) Twisting _____ Yes _____ No
- 2) Lifting _____ Yes _____ No
- 3) Fall _____ Yes _____ No
- 4) Blunt Trauma _____ Yes _____ No
- 5) Motor Vehicle Accident _____ Yes _____ No
- 6) Other _____

Chief Complaint: Lower back pain _____ Yes _____ No
 Leg pain only _____ Right _____ Left _____ Both
 Low back & leg pain _____ Right _____ Left _____ Both

Is the pain/problem constant or intermittent, and how long does it last (be specific)?

When did Lower Back pain begin? Month _____ Day _____ Year 20 _____

Character of back pain:

- _____ None
- _____ Dull ache
- _____ Sharp/stabbing
- _____ Shooting
- _____ Other _____

Frequency of back pain:

- _____ None
- _____ Intermittent
- _____ Constant
- _____ Other _____

When did leg pain begin? _____

Does pain radiate into leg(s)? ____ Yes ____ No Which leg? ____ Right ____ Left ____ Both

Frequency: _____ Constant _____ Intermittent

Location: (Specify right/left/both as L/R/B below)

_____ Buttock _____ Thigh _____ Calf _____ Foot _____ Toes

Numbness: ____ Yes ____ No ____ Right ____ Left ____ Both

Frequency _____ Constant _____ Intermittent

Location (Specify right/left/both as L/R/B below)

_____ Buttock _____ Thigh _____ Calf _____ Foot _____ Toes

Weakness: ____ Yes ____ No ____ Right ____ Left ____ Both

Frequency _____ Constant _____ Intermittent

Location (Specify right/left/both as L/R/B below)

_____ Buttock _____ Thigh _____ Calf _____ Foot _____ Toes

Any loss of bowel or bladder control? Yes No (Please explain)

Tingling? Yes No Right Left Both

Frequency of tingling Constant Intermittent

Location (Specify right/left/both as L/R/B below)

Buttock Thigh Calf Foot Toes

What makes pain better:

Nothing
 Medication
 Heat
 Ice
 Exercise
 Other _____

What makes pain worse:

Nothing Sitting
 Lifting Climbing Stairs
 Bending Coughing
 Stooping Sneezing
 Standing Riding in an mobile
 Walking

Review of systems

Do you know or have you had problems related to the following systems?

GU

Trouble with urination
 Frequent urination
 Blood in urine

NEURO/PSYCH

Headache
 Depression

ENT/PULMONARY

Sore throat
 Cough
 Trouble breathing
 Chest pain

OTHER

Fever _____°F
 Chills

GI

Abdominal pain
 Nausea
 Vomiting
 Diarrhea
 Black/bloody stool

SKIN

Skin rash

Past Medical and Social History

Past medical history:

Peptic ulcer disease High blood pressure
 Heart disease Diabetes (Insulin, oral, diet)
 Compression fracture Cancer
 Intervertebral disc disease Prior back pain/injury
 Arthritis Sciatica
 Other _____

Previous Surgeries and dates:

None
 Back Laminectomy Fusion discectomy
 Other _____

Social History:

Smoker packs per day
 drugs
 Alcohol rarely occasionally heavy

Family History: Heart disease Diabetes Cancer Strokes

Recent physical therapy? Yes No

Frequency/duration: _____ x per week for _____ weeks/months

Hot packs
 Massage
 Ultrasound
 Other _____

Improvement with physical therapy:

None Moderate
 Some Very good

THORACIC / LUMBAR PHYSICAL EXAM

APPARENT DISTRESS: Alert & oriented () Mild () Moderate () Severe ()

GENERAL BODY HABITUS: Thin () Obese () Muscular ()

LOWER EXTREMITIES

PASSIVE RANGE OF MOTION	Hip Right/left WNL WNL WNL WNL WNL WNL	Knee Right/left WNL WNL	Ankle Right/left WNL WNL
Flexion	WNL	WNL	WNL
Extension	WNL	WNL	WNL
Abduction	WNL		
Adduction	WNL		
Internal rotation	WNL		
External rotation	WNL		

PULSES

Dorsalis pedis pulse	Present	Absent
Posterior tibial	Present	Absent

MUSCLE STRENGTH TESTING

	RIGHT	LEFT
Iliopsoas	5/5	5/5
Quadriceps	5/5	5/5
Hamstrings	5/5	5/5
Gastrocnemius	5/5	5/5
Anterior tibialis	5/5	5/5
Extensor hallucis longus	5/5	5/5

SPINE

SURGICAL SCAR: Midline Iliac None

DEFORMITY: None () Scoliosis () Mild () Severe ()

ACTIVE RANGE OF MOTION: Limitation of flexion and lateral bending
None () Mild () Moderate () Severe ()

TENDERNESS:

Sciatic Notch - right/left/both	None ()	Mild ()	Moderate ()	Severe ()
Paraspinous Musculature				
Thoracic - right/left/both	None ()	Mild ()	Moderate ()	Severe ()
Paraspinous Musculature				
Lumbar - right/ left/ both	None ()	Mild ()	Moderate ()	Severe ()

ATROPHY:

SITTING ROOT TEST:

Right - Negative ()	Positive ()	Equivocal ()
Left - Negative ()	Positive ()	Equivocal ()

STRAIGHT LEG LIFT TEST:

Right - Negative ()	Positive ()	Equivocal ()
Left - Negative ()	Positive ()	Equivocal ()

NEUROLOGICAL

DEEP TENDON REFLEXES

	RIGHT	LEFT
Patellar tendon	+2	+2
Achilles's tendon	+2	+2
Babinski	Negative	Negative
Ankle clonus	Absent	Absent
Discriminatie touch	Intact	Intact
Proprioception	Intact	Intact

HEEL WALK: WNL () Weakness on right () Weakness on left ()

TOE WALK: WNL () Weakness on right () Weakness on left ()

IMPRESSION AND PLAN:

SOUTHWEST ORTHOPEDIC GROUP, LLP

Review of Notice of Privacy Practices

Acknowledgement:

I acknowledge that I have reviewed this office's Notice of Privacy Practices, which explains how my medical information will be used and disclosed. I understand that I am entitled to receive a copy of this document.

Patient or Personal Representative

Date

If Personal Representative's signature appears above, please describe Personal Representative's relationship to the patient: _____.

Financial Policy Statement

It is the policy of Southwest Orthopedic Group, LLP, to bill your insurance carrier as a courtesy to you; however, you are responsible for the entire bill. We require that arrangements for payment of your estimated share be made today. The insured/patient is responsible for any co-payments at the time service is rendered. If your insurance carrier does not remit payment within sixty (60) days, the balance will be due in full from you. If your insurance pays in excess of the balance of your account, we will refund the credit.

If any payment is made directly to you for services billed by Southwest Orthopedic Group, LLP, you recognize an obligation to promptly remit payment to Southwest Orthopedic Group, L.L.P.

The above does not apply to those patients that are considered Workers' Compensation. However, be advised as a Workers' Compensation patient that you may be held responsible for your charges in the event that your claim is controverted.

I understand and agree that if I fail to make any of the payments for which I am responsible for in a timely manner, after such default and upon referral to a collection agency or attorney by Southwest Orthopedic Group, LLP, I will be responsible for all costs of collecting monies owed, including court costs, collection agency fees, and attorney fees.

The above information has been read and explained to me. **I UNDERSTAND MY RESPONSIBILITY FOR THE PAYMENT OF MY ACCOUNT.**

Responsible Party Print Name

Date

Responsible Party Signature